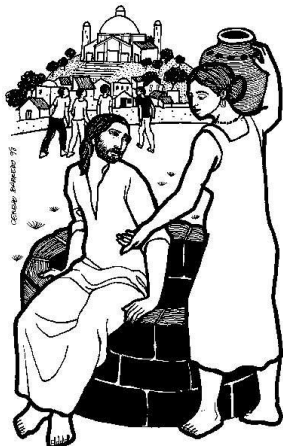


# The Weekly Sheet

8 March 2026 / 3rd Sunday of Lent



## Today:

8.00 am Eucharist  
10.00 am Parish Eucharist

Welcome to our services. Today Rev'd Helen Arnold is our President and Preacher at both services.

If you are visiting St James' for the first time, please introduce yourself to one of our churchwardens, Pam or Alison, or a sidesperson.

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## **Our readings are:**

Exodus 17.1-7; Psalm 95; Romans 5.1-11; John 4.5-42

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## **Our hymns at 10 o'clock are:**

Opening:	Praise the Lord! Ye heavens adore him	AM 761
Offertory:	Come down, O love divine	AM 238
Communion:	We love the place, O God	AM 294 omit vv 3&4
Final:	All my hope on God is founded	AM 584
Anthem:	Ave verum corpus ( <i>Edward Elgar</i> )	

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## **Collect for Today:**

\_ Eternal God,  
give us insight  
to discern your will for us,  
to give up what harms us,  
and to seek the perfection we are promised  
in Jesus Christ our Lord.

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## Today's Psalm is: Psalm 95

1 O come, let us / sing to the / Lord;  
let us heartily rejoice in the / rock of / our sal/vation.  
2 Let us come into his / presence with / thanksgiving  
and be / glad in / him with / psalms.  
3 For the Lord is a / great / God  
and a great / king a/bove all / gods.  
4 In his hand are the / depths of the / earth  
and the heights of the / mountains are / his / also.  
5 The sea is his, / for he / made it,  
and his hands have / moulded the / dry / land.  
6 Come, let us worship and / bow / down  
and kneel be/fore the / Lord our / Maker.  
7 For / he is our / God;  
we are the people of his / pasture and the / sheep of his / hand.  
8 O that today you would / listen to his / voice:  
'Harden not your hearts as at Meribah,  
on that day at / Massah / in the / wilderness,  
9 'When your forebears tested me, and / put me to the / proof,  
though / they had / seen my / works.  
10 'Forty years long I detested that gene/ration and / said,  
"This people are wayward in their hearts;  
they / do not / know my / ways."  
11 'So I / swore in my / wrath,  
"They shall not / enter / into my / rest"'.  

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## This week:

Monday 9 <sup>th</sup>	12.30 pm	Meditation Group
Tuesday 10 <sup>th</sup>	2.30 pm	Hymn service at Cherry Hinton Care Home
Wed 11 <sup>th</sup>	10.15 am	Eucharist
	2.30 pm	Service in church for Jackie Bartholomew
Saturday 14 <sup>th</sup>	10.00 am	Saturday morning Café

## Dates for your diary:

Tuesday 24 <sup>th</sup>	7.30 pm	PCC Meeting
Saturday 28 <sup>th</sup>	10.30 am	Bring & Buy Sale

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## Readings for next Sunday, 15 March (Mothering Sunday)

1 Samuel 16. 1-13; Psalm 23; Ephesians 5 8-14; John 9

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## Notices

**Last Sunday was Stewardship Sunday** at St James, where we were asked to consider our financial contributions to St James. Full details were in the document attached to our weekly update email of 27 February and further hard copies can be found in the entrance foyer. If you have any questions, please have a word with Sue Wilson or email her at [treasurer.sjww@gmail.com](mailto:treasurer.sjww@gmail.com)

We were saddened to hear the recent news of **Jackie Bartholomew's passing**. There will be a service for Jackie here at St James' this Wednesday (11 March) at 2.30 pm. Please remember John and all the family in your prayers.

### **'Hearing God in Poetry' - Discussions before Meditation Group during Lent.**

Continuing throughout Lent, and before meditation at 12 noon, we will meet at 11.30 am in the Study Centre for a discussion on the poems of Richard Harries' book, 'Hearing God in Poetry'. Everyone is welcome to come and join us.

**Lent Breakfasts.** We will be holding another Lent breakfast today at 8.50 am, adults £3.50 each; young people, free. If you are able to sign the list in the foyer, to help with numbers, please do, but everyone is welcome to come along.

We hope to be able to run each Sunday during Lent (not Palm Sunday) if we get enough help. Please have a word with Jacqui or Pam if you can help organise.

We will be holding our next **Bring & Buy Sale** on Saturday 28 March, 10.30 am. If you can help set up/clear away or run a stall, please contact Pam 07745 591235 or email at [pambutler27@hotmail.com](mailto:pambutler27@hotmail.com) Donations of cakes are always popular and we would welcome small gifts suitable for raffle prizes. Thank you.

**Good Friday Activity Morning, 10.30 am – 12.30 pm.** Pam and Alison are looking for volunteers to help come along and set up and run craft activities during the morning. If you can offer help, please have a word with Pam or Alison. Thank you.

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### **This week we are praying for:**

Grae and Jacqui Worster, Susannah, Lizzie, Katherine and Caroline;  
Linda Appleby and family; Sarah and Alex Aylward, Emily and Sophie;  
Helen Arnold and family; Jenny Bell and Andrew Brown, Adam, Rachel and Matthew;  
Jill and Hugh Bradley, Emily and Amanda; Jennie and Guy Brandon, Sophie and Joseph.

*If you would like to add your name to this list please let Caroline in the office know.*

## Contacts

Vicar	position vacant
Licensed Lay Minister	Elizabeth Brown <a href="mailto:liztollerbrown@hotmail.co.uk">liztollerbrown@hotmail.co.uk</a>
Churchwardens	Pam Butler 07745 591235 <a href="mailto:pambutler27@hotmail.com">pambutler27@hotmail.com</a> Alison Giles 07340 568501 <a href="mailto:gilesalison943@gmail.com">gilesalison943@gmail.com</a>
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Acting Director of Music	Grae Worster (01223) 846295 <a href="mailto:mgw1@cam.ac.uk">mgw1@cam.ac.uk</a>
Safeguarding Officer	Jill Bradley 07971 013645 <a href="mailto:jillb.sjww@gmail.com">jillb.sjww@gmail.com</a>
Church Office:	(01223) 246419 (Caroline works Mondays from home, Wednesdays & Thursdays from the Church Office, 9.15 am -1.15 pm)
E-mail:	<a href="mailto:stjameschurchcambridge@yahoo.co.uk">stjameschurchcambridge@yahoo.co.uk</a>
Website:	<a href="http://stjamescambridge.org.uk">stjamescambridge.org.uk</a>

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We provide a Zoom link for our 10 o'clock Sunday services: Join Zoom Meeting:  
<https://us05web.zoom.us/j/83891911352?pwd=E6ixlzVLqGnx2joycwoPnWOUNEvua.1>

Meeting ID: 838 9191 1352 Passcode: 826798



If you are not a regular giver, or would like to top up your regular **donations**, you can do this by scanning the **QR code here** or by using the Donation Station in the lobby for cashless donations

*St James' Church, Cambridge*  
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